

BRADFORD BEAVER



And
The New **BULLY**
On The Block

Let's Put an End to Bullying!

Quick Tips for Parents

Bullying is a serious, widespread problem. All kids involved in bullying—whether they are bullied, bully others, or see bullying—need help. Parents, school staff, and other caring adults have a role to play in preventing bullying. They can help kids understand bullying, keep the lines of communication open, and model how to treat others with kindness and respect.

As a parent, you may suspect your child is being bullied. If you are not quite sure, review these common signs to help you recognize if bullying is occurring.

- Comes home with torn, damaged, or missing pieces of clothing, books, or other belongings
- Has unexplained cuts, bruises and scratches from fighting
- Seems afraid of going to school
- Appears sad, moody, teary, or depressed when he or she comes home from school
- Complains frequently of headaches, stomachaches, or other physical problems
- Has trouble sleeping or frequently has bad dreams
- Experiences a loss of appetite

You may also be concerned that your child might be bullying others. Look for these signs to help you recognize if your child might be bullying others.

- Enjoys teasing others
- Has a hard time controlling themselves
- Is very rough or aggressive

To learn about what you can do about bullying, talk to other parents and your child's teacher or school counselor.

For more information about preventing bullying, visit:

www.stopbullying.gov/prevention/talking-about-it/index.html

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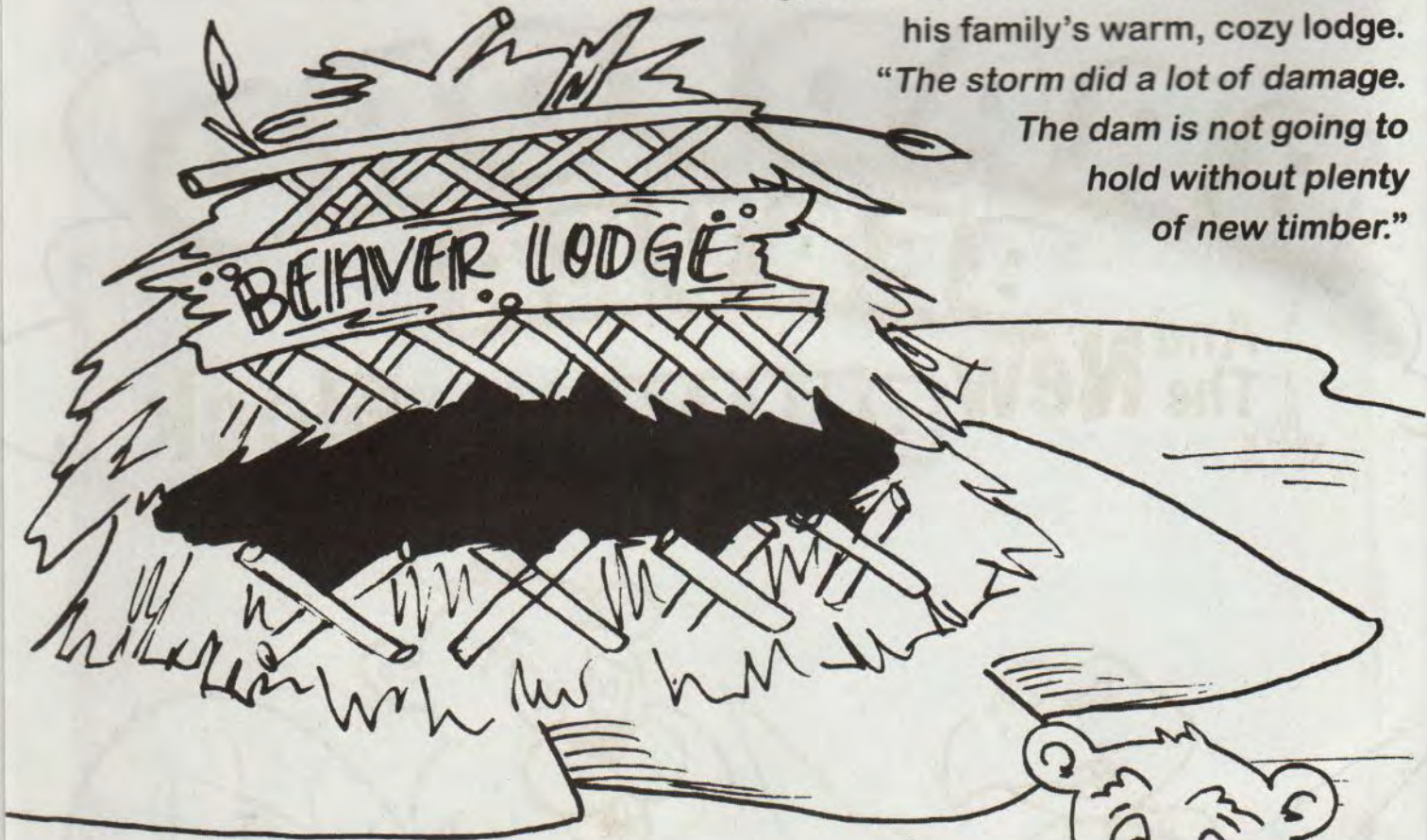
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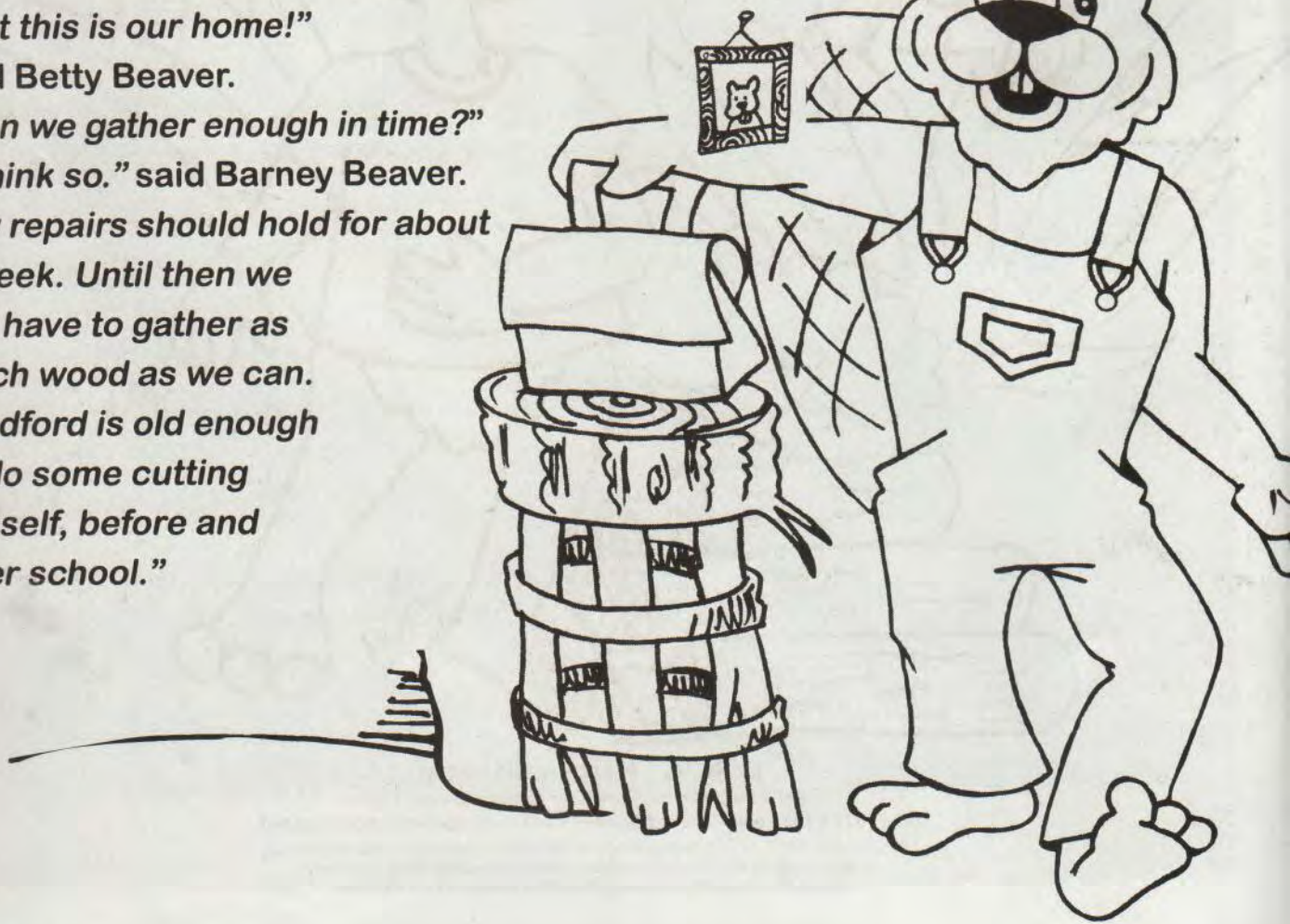
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"It's no use, Betty," Barney Beaver said as he entered his family's warm, cozy lodge. "The storm did a lot of damage. The dam is not going to hold without plenty of new timber."



"But this is our home!" said Betty Beaver. "Can we gather enough in time?" "I think so." said Barney Beaver. "My repairs should hold for about a week. Until then we will have to gather as much wood as we can. Bradford is old enough to do some cutting himself, before and after school."



*"You think Bradford can help?
I'm just not sure," Betty Beaver said.*



"Come on Mom!" Bradford Beaver said excitedly. He was anxious for his parents to realize he was getting older. This would be a good chance to show he could contribute.

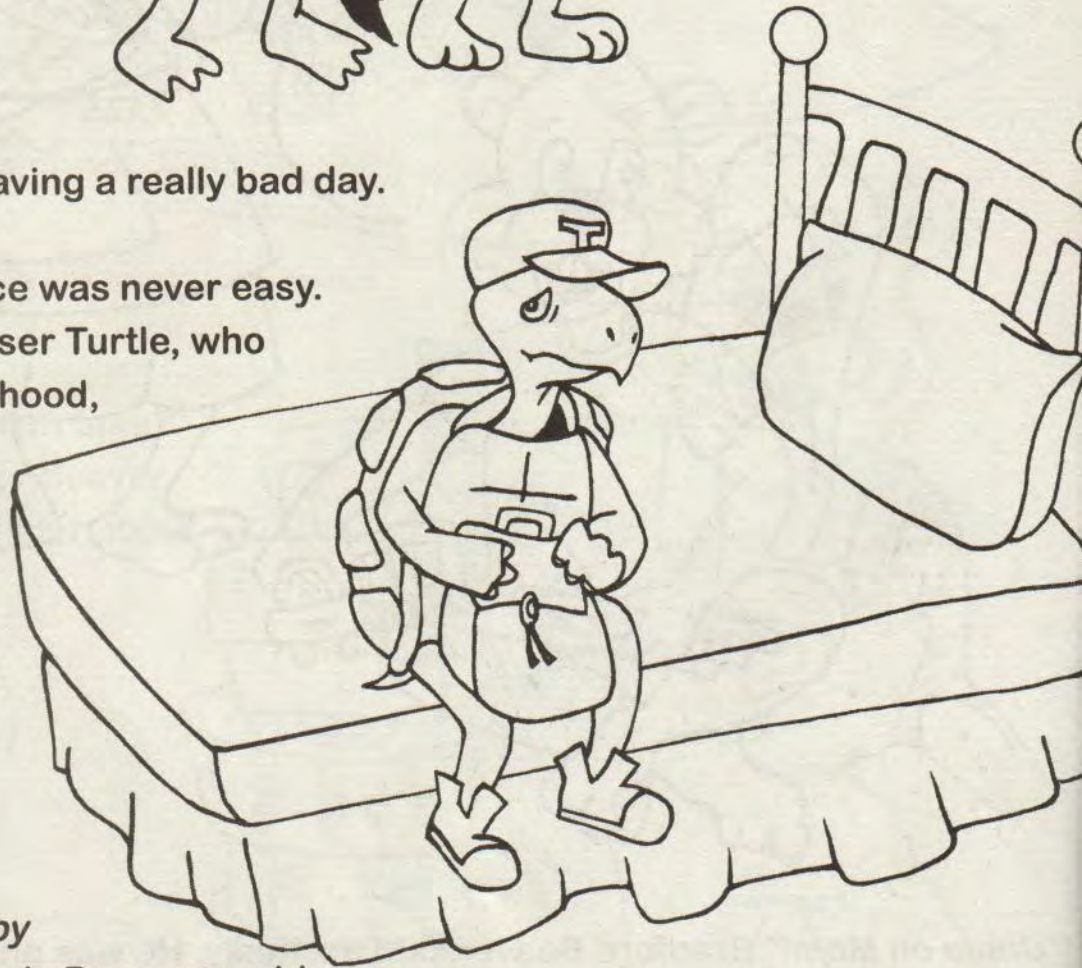
"Okay," Betty said. "Just make sure it doesn't interfere with your schoolwork."

Meanwhile, just down the street...



Tommy Turtle was having a really bad day.

Moving to a new place was never easy. His older cousin Teaser Turtle, who lived in the neighborhood, was making it even worse. Instead of helping Tommy fit in, Teaser and his pals were making his life miserable.

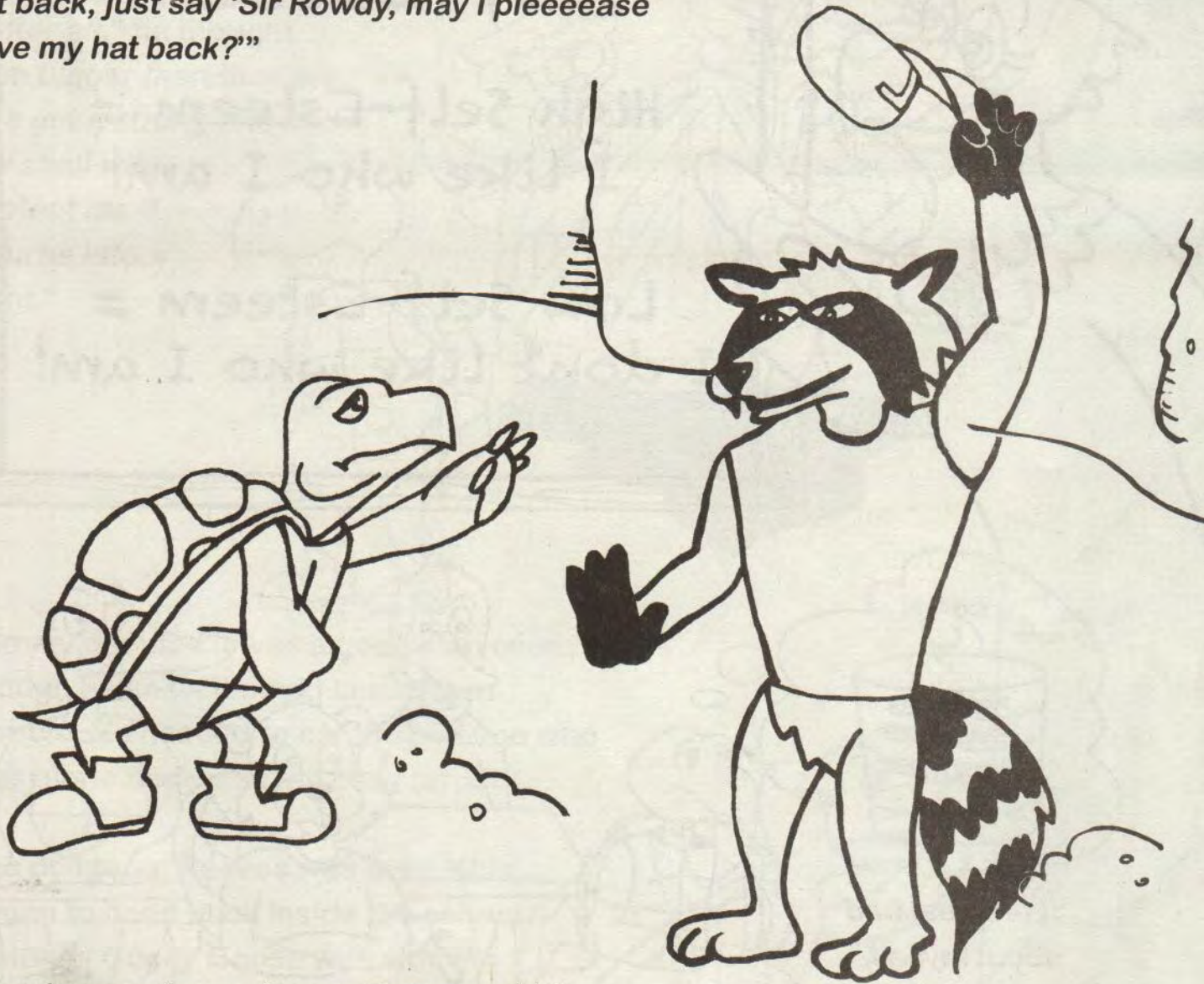


“Hey Teaser, look who’s here, your baby cousin Tommy!” Rowdy Raccoon said, as the gang marched into Tommy’s room.

Rowdy Raccoon grabbed Tommy Turtle's hat right off his head and began playing keep-away with it.

"Give it back, you rat!" said Tommy Turtle.

Cousin Teaser pushed Tommy against the wall. *"Hey, you don't talk to us like that, or I'll clobber you. Show some respect. If you want your hat back, just say 'Sir Rowdy, may I pleeeeeease have my hat back?'"*

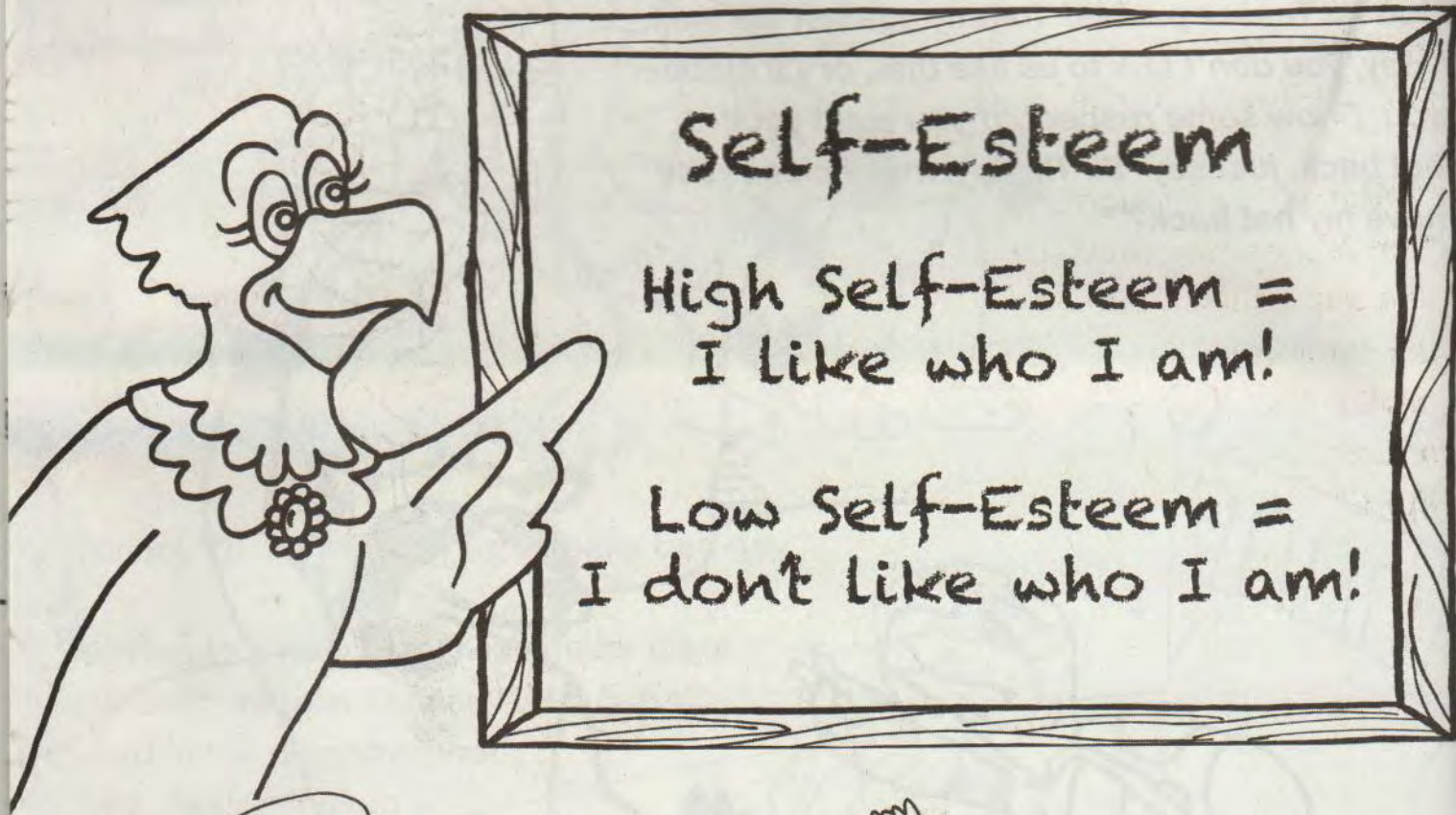


As embarrassing as it was, Tommy said it. He didn't want to be late for the first day at his new school.

"Sure," Rowdy said. *"You can have it back first thing, TOMORROW!"* Rowdy put the hat on his own head and the whole gang walked out laughing.

Later at school, the teacher, Mrs. Eagle, introduced Tommy Turtle to the class and began the lesson.

“Class, today we are going to learn about self-esteem. That means how you feel about yourself.”



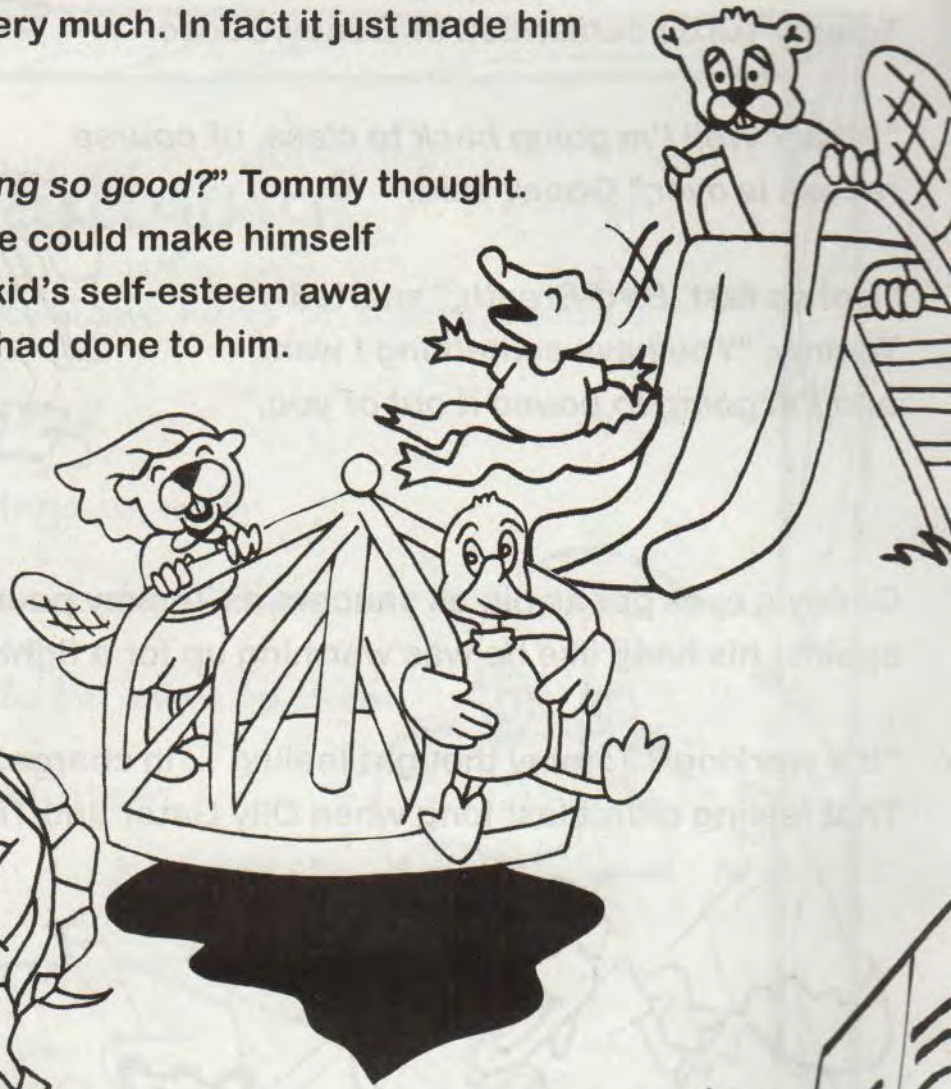
“I feel real bad about myself,” Tommy thought. “In fact, if I had a tank of self-esteem inside of me, it would almost be empty.”



Watching the other kids having fun during recess didn't help Tommy Turtle's self-esteem very much. In fact it just made him feel worse.

"What right do they have feeling so good?" Tommy thought. That's when he got an idea. He could make himself feel better by taking another kid's self-esteem away just like Teaser Turtle's gang had done to him.

"After all," he thought, *"I'm bigger than they are, I've got a strong bite and my shell will protect me if it turns into a fight."*



Tommy decided it was a good plan even though he knew it could land him in trouble. He needed to catch someone who was alone and weak, an easy target.

The bell rang. Recess was over. Kids began to head back inside the school building. Goey Goose was alone in the corner of the hallway.

"Not bad," Tommy said to himself. *"Smaller than average, kind of weak looking."*



"Where are you going, Beak-Brain?"
Tommy Turtle demanded of Gooley Goose.

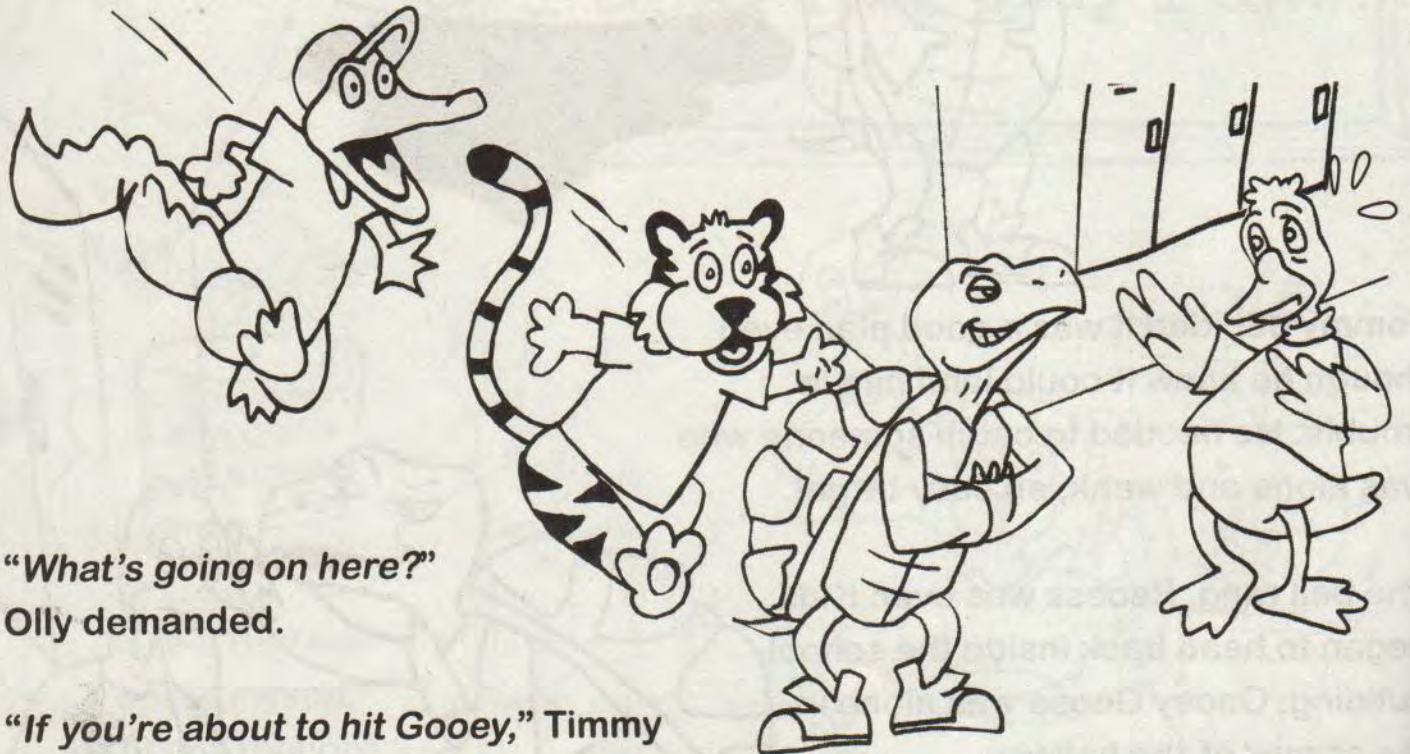
"What? Well I'm going back to class, of course recess is over," Gooley said.

"Not so fast, Bird-Breath," snarled Tommy. ***"You have something I want and I'm going to pound it out of you."***



Gooley's eyes got as big as saucers as Tommy pounded his fist against his hand like he was warming up for a fight.

"It's working!" Tommy thought feeling ... in charge. That feeling didn't last long when Olly Gator and Timmy Tiger came running up.



"What's going on here?"
Olly demanded.

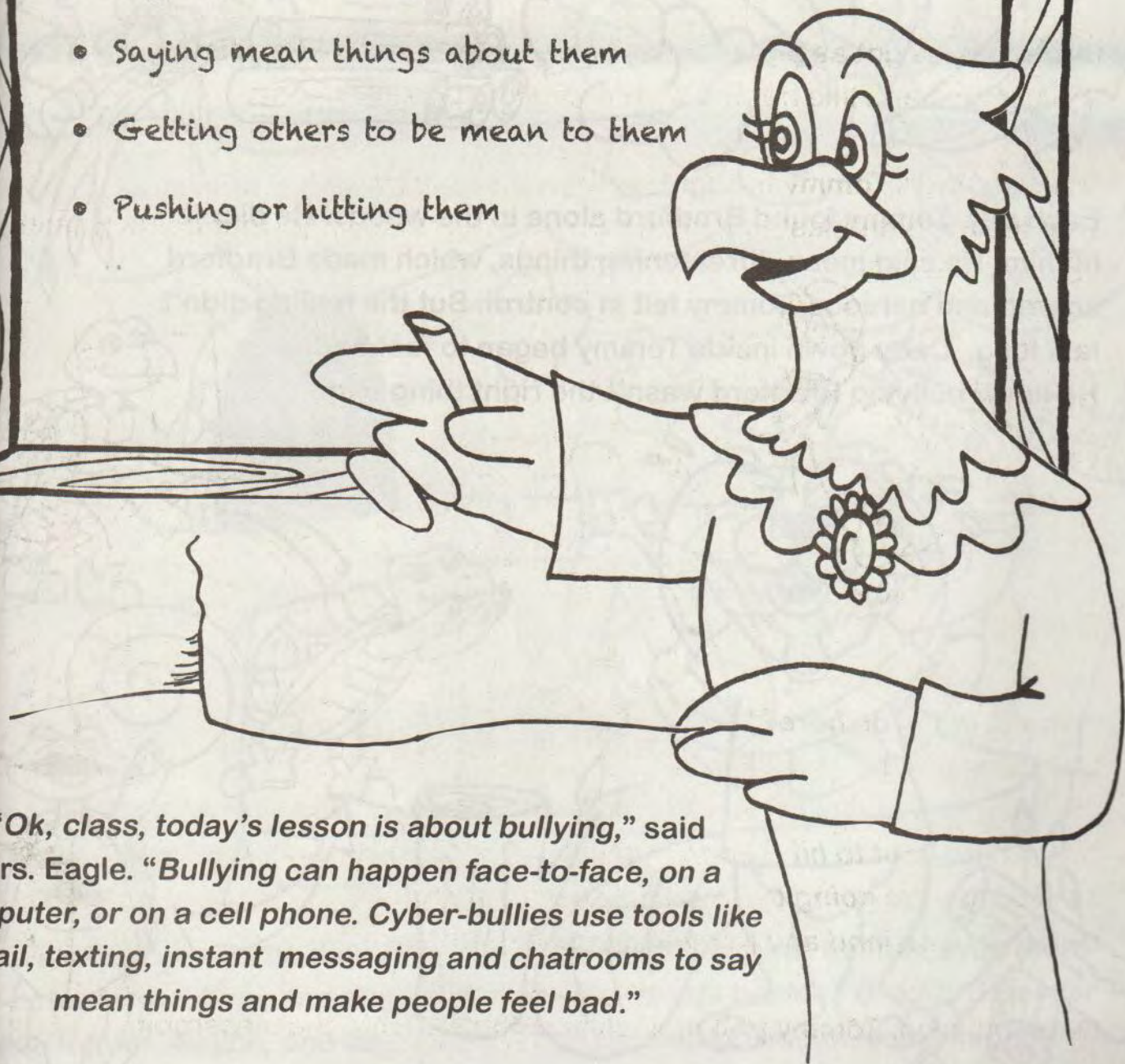
"If you're about to hit Gooley," Timmy added, ***"you're going to have to deal with us, too. Gooley's our friend and fighting is against the rules."***

Outnumbered, Tommy pulled back and shuffled into the classroom.

What is Bullying?

Bullying is when someone hurts or scares others by:

- Calling them names
- Saying mean things to them
- Saying mean things about them
- Getting others to be mean to them
- Pushing or hitting them

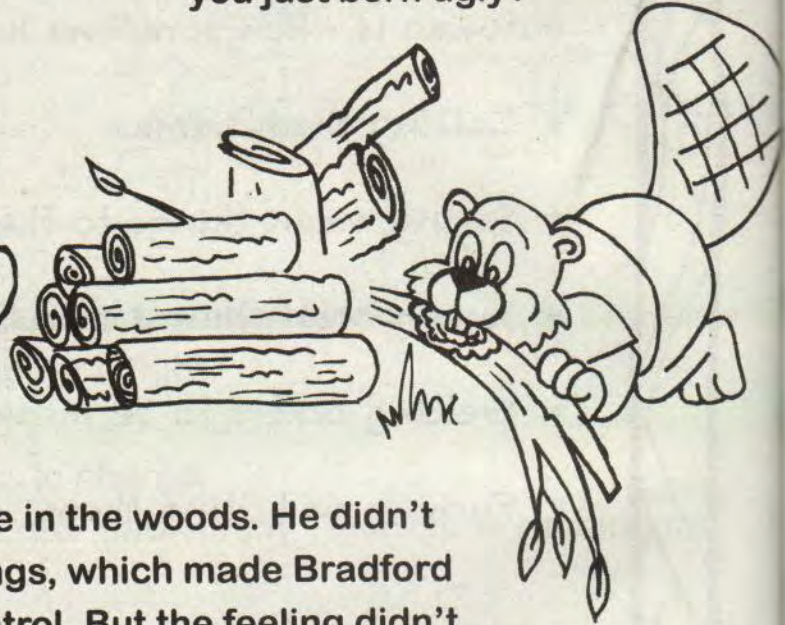


"Ok, class, today's lesson is about bullying," said Mrs. Eagle. "Bullying can happen face-to-face, on a computer, or on a cell phone. Cyber-bullies use tools like email, texting, instant messaging and chatrooms to say mean things and make people feel bad."

After school, Tommy Turtle made sure no one was around when he found Bradford Beaver off by himself chewing on trees.



"Hey Tail For Brains. Did those teeth grow that way or were you just born ugly?"

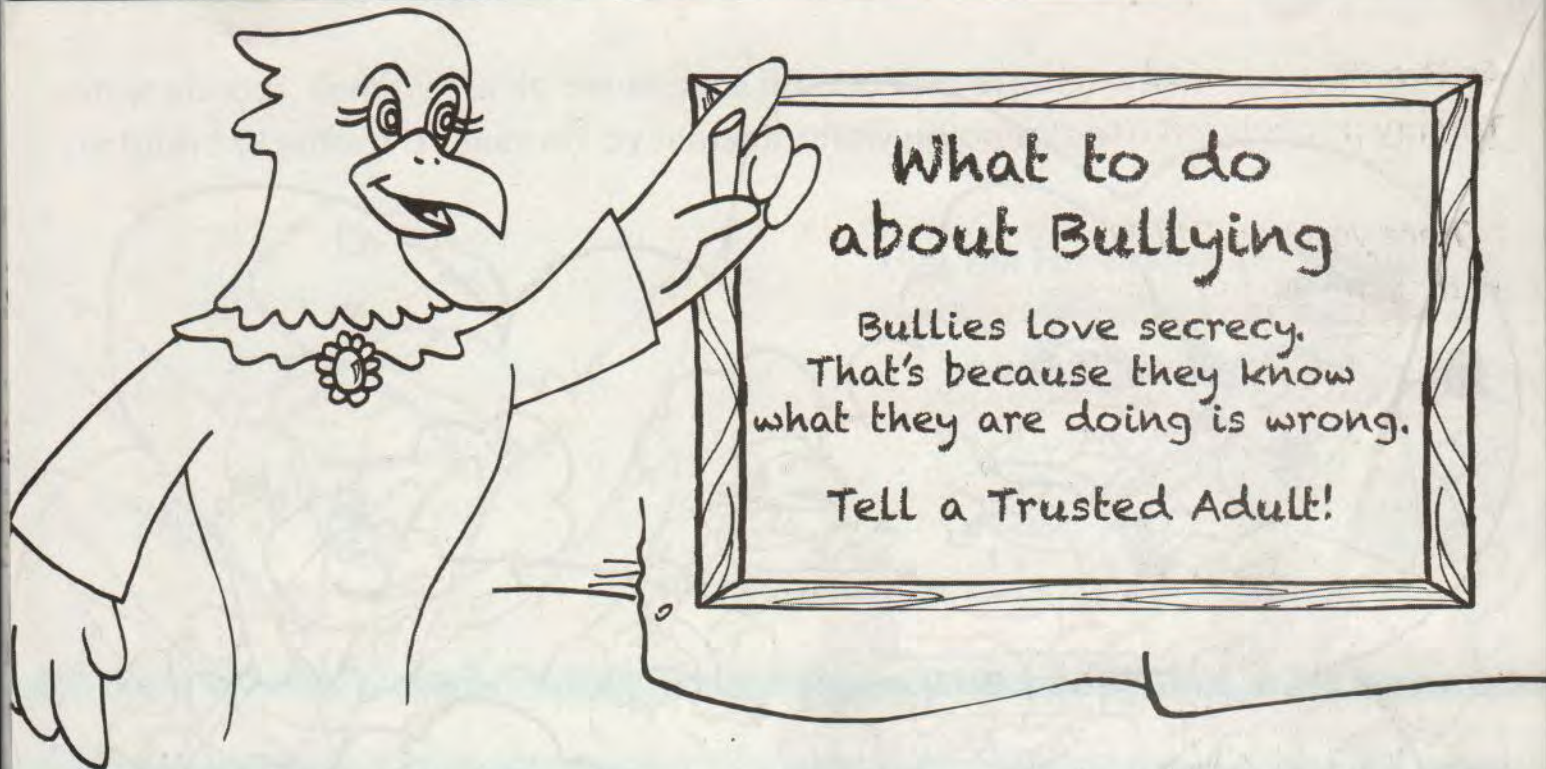


Each day, Tommy found Bradford alone in the woods. He didn't hit him. He said mean, threatening things, which made Bradford scared and nervous. Tommy felt in control. But the feeling didn't last long. Deep down inside Tommy began to feel bad. He knew bullying Bradford wasn't the right thing to do.





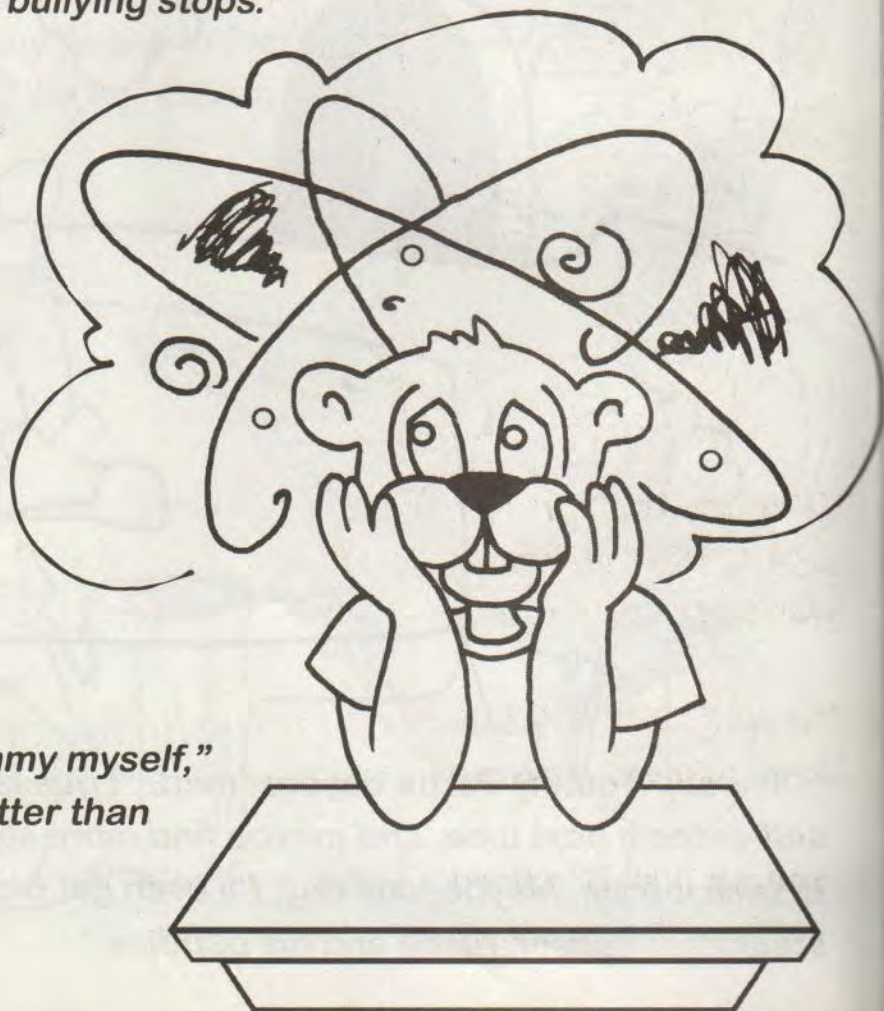
"Oh well," Tommy Turtle daydreamed. "I guess I'll just have to steal even more self-esteem next time, and maybe find more students besides Bradford Beaver to take it from. Maybe, one day, I'll even get big enough and mean enough to steal from Teaser Turtle and his buddies."



"If someone is bullying you or someone else, don't just take it!" said Mrs. Eagle. *"Find the courage to tell the bully to stop. Tell them what they are doing is wrong. If that doesn't work, ask friends, parents, teachers and other trusted adults to help. Keep telling more people until the bullying stops."*

Bradford Beaver felt awful. He couldn't concentrate in class. All day he worried about running into Tommy Turtle after school. How could he stop going into the forest? His family needed the wood for the dam. He didn't want to ask his parents for help, when they had just started trusting him. Telling a teacher or his friends about it would be too embarrassing.

"I will just have to stand up to Tommy myself," thought Bradford. *"Anything is better than going through this day after day."*



As Bradford headed out to the forest after school to do his wood cutting, Tommy popped out from behind a tree.

"There you are, Old Two Tooth. I've been meaning to ask you something. Is that really your head or did your shoulders just throw up?"



"I've had enough Tommy! You better cut it out!" Bradford said firmly. "You've been picking on me all week, but you're the one with the problem. If you felt good about yourself, you wouldn't need to put other people down."

"What? You can't talk to me like that," said Tommy, clenching his fists tightly. "I'm going to make you regret getting out of bed today."

Bonnie Sue, Bradford's sister, saw what was happening and ran to get help.

As Bonnie Sue Beaver went to get Mrs. Eagle,
Timmy Tiger, Olly Gator and Gooley Goose appeared.



*"Alright Tommy," Olly said.
"Leave Bradford alone!"*

Tommy Turtle became more enraged. He clenched his fists tighter.
"This time I don't care if I am outnumbered," he said. "I'll fight all of you!"



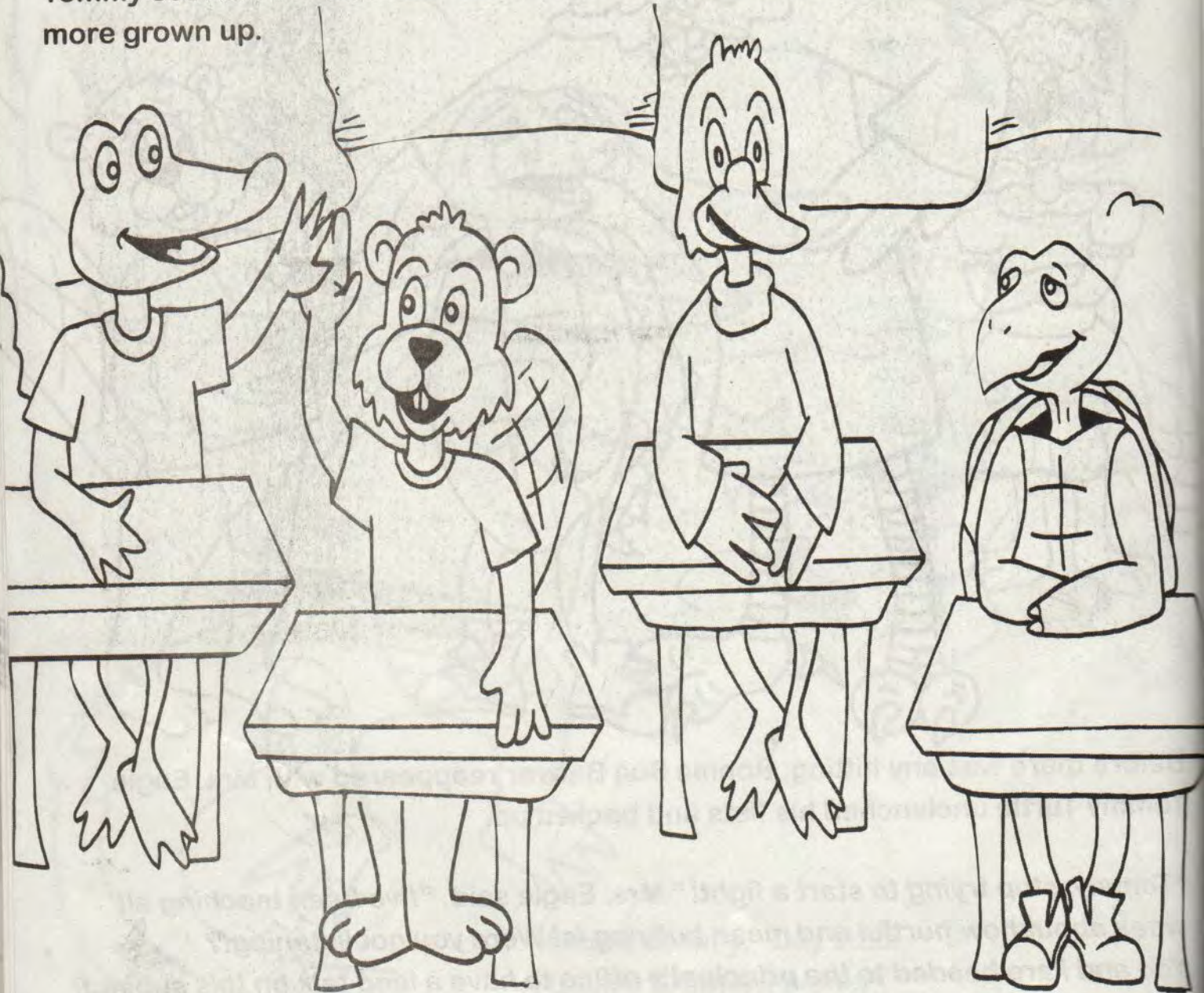
Before there was any hitting, Bonnie Sue Beaver reappeared with Mrs. Eagle. Tommy Turtle unclenched his fists and backed up.

“Tommy, stop trying to start a fight!” Mrs. Eagle said. “I’ve been teaching all week about how hurtful and mean bullying is! Were you not listening!? You and I are headed to the principal’s office to have a long talk on this subject! With your parents!”

Fortunately, Tommy’s bullying had only been going on for a week. Facing it would give him a good chance to straighten himself out. He might even be able to get some real self-esteem of his own ... the kind that would last!

In class the next day, Bradford Beaver felt great. He planned to finish gathering logs that afternoon. It would save the family dam and show his parents how responsible he was.

He didn't think he would have to worry about Tommy Turtle anymore. He realized he had been lucky that his friends were nearby to help. He should have found the courage to tell them and Mrs. Eagle, what was happening with Tommy sooner. He would do that if it ever happened again. Now he felt even more grown up.



Pulling out his pencil, Bradford got ready to take notes. He had been so nervous all week he hadn't even noticed what Mrs. Eagle had been teaching them.

"Bullying," he wrote down from the blackboard. "Wonder what that is?"

To learn more about How To Stop Bullying

Videos:

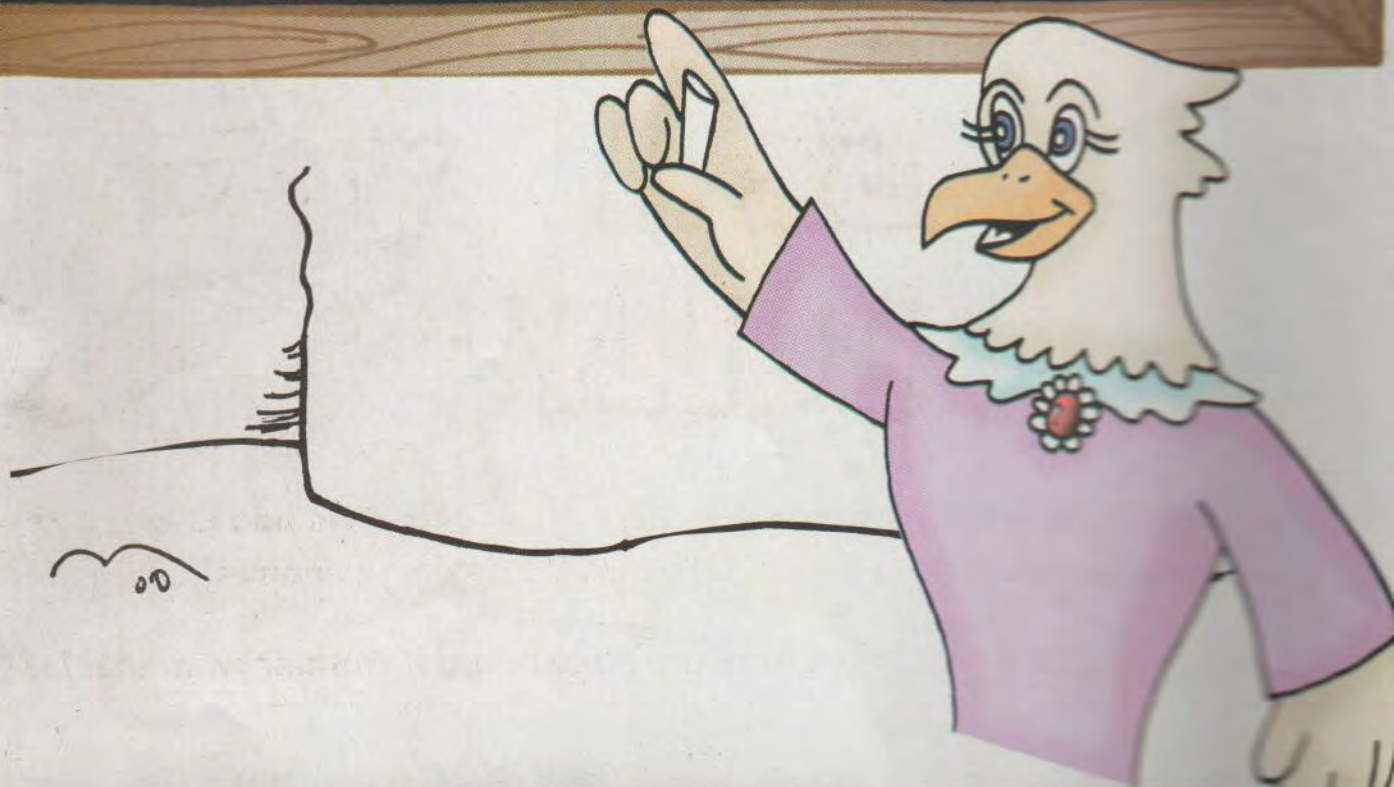
<http://www.stopbullying.gov/kids/webisodes>
<http://pbskids.org/itsmylife/video/index.html>

Games:

http://pbskids.org/itsmylife/games/bullies_flash.html
http://www.mcgruff.org/Games/stop_bully.php
<http://www.mcgruff.org/Games/cyberbully.php>

Information:

<http://www.pacerkidsagainstbullying.org>
<http://www.stopbullying.gov/kids>
<http://www.askacop.org/school/schoolbullies.html>
<http://pbskids.org/itsmylife/friends/bullies>



**YOU AREN'T
BIG
WHEN YOU MAKE
OTHERS FEEL**



**DON'T
BE A
BULLY!**

